



INTERVIEWS

OCTOBER 2010

Southeastern Pennsylvania Intergroup Association
444 N. 3rd Street, Suite #3E,
Philadelphia, PA 19123
215-923-7900; Website: www.sepennaa.org

REMEMBER:
NOVEMBER IS
GRATITUDE MONTH !

DINNER DANCE TICKETS ARE STILL AVAILABLE



Planning to attend our
Annual Dinner Dance
on

SATURDAY, OCTOBER 16th

Get your tickets!

Call Sue McT. at (215) 307-7441
or Albert (610) 461-0486 or the
Intergroup office (215) 923-7900
with any questions you may
have.

NOTE: THE TABLE LOTTERY FOR
GROUPS PURCHASING A TABLE OF
TICKETS (10) FOR OUR DINNER DANCE
WILL BE HELD ON

SATURDAY, OCTOBER 2ND

AT

12:00 NOON

At the Intergroup Office

GRATITUDE MEETING

Hosted by the Archives Committee

WEDNESDAY, OCTOBER 20TH

In celebration of
Intergroup's 62nd Anniversary

Decades of Intergroup Service
THEN & NOW:

Highlights of the '70s, '80s & 90's
SPEAKER MEETING

7:00PM

REFRESHMENTS 6:30 PM

Southeastern Pennsylvania Intergroup Assoc.
444 N. 3rd Street
Philadelphia 19123

A NOTE FROM THE DINNER DANCE DIRECTOR:

We are entering an exciting time at S.E.P.I.A. The Dinner Dance just around the corner and the Zones are starting to stretch their wings in a new direction.

Also, C.P.C. is starting the new year with a Workshop for the Zones, and all members, who want to become a part of this exciting year at your Intergroup.

Come on Down to 444 N 3rd St. and lend your opinion, your hands or your help to our workshop. It's a win-win situation. You stay sober and we get your help.

(See the flyer in this month's interviews.)

KATE'S KOLUMN— ON “DOING GOOD”

For those of us who come to realize the harm we caused others and ourselves in our active alcoholism, doing good is, like the rest of the program of action, something we had to learn... and then something we had to want. With working the suggested steps and not drinking a day at a time came some insight into our selfishness. Finding all this out took a little time and a lot of humility.

When I drank I had “rights”. I could yell if I wanted to. I could ignore you; I could not show up when I said I would; I could take some things that didn't belong to me because you were stupid enough to leave them out. I could rationalize that I needed to speak out, or stay home, or take a thing that wasn't mine. If you said anything to me, you hurt my poor, sensitive feelings.

The program teaches us that we feel good when we do good. Simple, isn't it? At first, I wanted a Congressional Medal of Honor if I kept a commitment or didn't drink for six months. At the very least, I wanted your praise. If you didn't notice my good act, again, you hurt me. I'd crucify you and gather the posse to say how mean and ill-spirited you were.

We sensitive types have a lot of nerve. Don't we? We walk around victims of cold injustices in an even colder, crueller world. It took years of introspection to see a more accurate self-appraisal. Our Big Book asks us “Where had we been selfish, dishonest, self-seeking and frightened?...Where were we to blame? The inventory was ours, not the other man's.” Yikes!!!

So today when I do good I feel good. When I don't do so good, I don't feel so good. Why did it take me so long to learn simple life lessons I was taught from childhood? Maybe I was too busy taking your inventory.



HAPPY BIRTHDAY, INTERGROUP!!!



10TH STEP: “Continued to take personal inventory and when we were wrong promptly admitted it.”

“As we work the first nine Steps, we prepare ourselves for the adventure of a new life. But, when we approach Step Ten we commence to put our A.A. way of living to practical use, day by day, in fair weather or foul.”

pg. 88, 12 & 12

10TH TRADITION: “Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.”

“Never since it began has Alcoholics Anonymous been divided by a major controversial issue. Nor has our Fellowship ever publicly taken sides on any questions in an embattled world.” pg 176–12 & 12

10TH CONCEPT: “Every service responsibility should be matched by an equal service authority—the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.”

“Here the Board is expected skillfully to plan, manage and execute. It follows, therefore, that the close attention of the Board to such large problems must not be subject to constant distraction and interference. Our Trustees, as a body, cannot be burdened with a mass of less matters; they must not concern themselves with the endless questions and difficulties which arise daily...” pg 33 A.A. Service Manual

WHERE OR WHEN

S.E.P.I.A. EVENTS:

October 10th—the Cooperation with the Professional Committee will host a **C.P.C. WORKSHOP** to better enable the five zones to start C.P.C. in their zone. The Workshop will take place on Sunday, October 10th from Noon to 4:00pm at the S.E.P.I.A. office, 444 N. 3rd Street, 3rd Floor in Philadelphia. There will be food, fun and fellowship. Please attend. They need your help and ideas.

October 16th—the **S.E.P.I.A. 70th ANNUAL DINNER DANCE** will be held at Commodore Barry Hall, 6815 Emlen Street in Philadelphia (19119) on Saturday, 10/16. Price: \$35.00. There will be coffee at 5:30pm; Buffet Dinner at 6:30pm; Speaker Meeting at 8:00pm and a Dance to follow. Questions? Call Albert (610)461-0486 or Sue (215) 333-5255. (The table lottery will be held on Saturday, October 2nd at Noon at the Intergroup Office.)

October 20th—the S.E.P.I.A. Archives committee will host a **GRATITUDE MEETING** celebrating Intergroup's 62nd anniversary at the Intergroup office, 444 N. 3rd Street, 3rd Floor in Philadelphia. Refreshments at 6:30pm; Speakers at 7:00pm. All are welcome.

November 6th—the Archives committee will host a **MEET AND GREET** on Saturday, 11/6 from 1:00pm until 3:00pm at 4021 Walnut Street in Philadelphia. There will be a long timers' panel of four speakers. Questions? Call Pat C. at 215-518-7533. All are welcome.

2011

April 1, 2, & 3—S.E.P.I.A. Special Events Committee announces the **ANNUAL ROUND UP** being held in Cape May, NJ at The Grand Hotel, 1045 Beach Avenue—Phone 1-800-257-8550. Please save the dates!

BUCKS COUNTY:

October 25th—the **SOBRIETY FIRST** group of A.A. will celebrate their 24th anniversary at St. Michael's School Building, Ground Floor in Room 7, 66 Levittown Parkway in Levittown 19054. The festivities will begin at 7:00pm. The format is two speakers, followed by food and refreshments.

November 12th—the **DOYLESTOWN** group of A.A. which meets at the Doylestown Presbyterian Church, Mechanic and Church Street in Doylestown 18901 will have their 60th anniversary on Friday, 11/12 at 8:00pm for Food, Fun, and Fellowship and a speaker at 9:00pm. All are welcome!

CHESTER COUNTY

October 22nd-24th—the **33RD ANNUAL DOWNINGTOWN YOUNG PEOPLE'S CONFERENCE** will be held on October 22nd thru the 24th. For more information, check them out on the website (www.dypcaa.org) where you can register or get a flyer at <http://bit.ly/9XSBdt>.

October 26th—the **WEST CHESTER** group of A.A. will celebrate their 62nd anniversary on Tuesday, 10/26 at Holy Trinity Church, High & Union Streets in West Chester. 6:30pm Food; 7:30pm Speaker.

October 29th—the **WESTTOWN FRIDAY NIGHT** group of A.A. will celebrate their 34th anniversary at the Sts. Simon & Jude Church cafeteria. Food at 7:30pm; Meeting at 8:30pm.

November 22nd—the **CLEAR CUT DIRECTIONS** group of A.A. is celebrating their 5th anniversary on Monday, 11/22 at Presbyterian Church of Kennett Square, 211 S. Broad Street in Kennett Square. Food: 6:30pm; Speaker: 7:30pm. This will be an open meeting. Please bring family and friends.

PHILADELPHIA:

October 9th—the **GERMANTOWN SATURDAY NIGHT STEP** meeting at St. Michaels's Lutheran Church, Elena and Germantown Avenues will celebrate their 20th anniversary on Saturday, 10/9 from 6:00pm to 8:00pm.

October 14th—the **DAY BY DAY** group of A.A., 11th & Rockland (enter on Marvine Street) will celebrate their 37th anniversary on 10/14 at 7:00pm. A.A. and Al-Anon speakers.

November 12 & 13th—the **16 DE NOVIEMBRE** group of A.A. will hold a marathon beginning on Friday, 11/12 at 7:00pm until Saturday, 11/13 ending with a dinner and dance for all. It will take place at the Community Christian Academy, 3554 N. Venango Street (6th & Venango Sts.) in Philadelphia 19140.

November 20th—the **BRIAR ROAD STEP** group of A.A. announces their 32nd anniversary on Saturday, 11/20 at St. Peter's Evangelical Lutheran Church, 2167 74th Avenue in Phila. Snacks: 7:00pm; Meeting: 8:00pm.

December 4th—there will be a **GRAPEVINE WORKSHOP** on Saturday, 12/4 from Noon until 4:00pm at the S.E.P.I.A. office, 444 N. 3rd Street, 3rd Floor. The theme is "Wake Up with the Grapevine."

Making a New Years resolution? Try Service!

COMMITTEE	OCT	DAY EACH MONTH	ZONE MEETINGS
CPC	4	1st Monday, 7:00pm	<p>The Bucks County Zone meets on the 2nd Monday of each month at 7:00pm at Pebble Hill Church, 320 Edison Furlong Road in Doylestown.</p> <p>The Chester County Zone meets on the 2nd Monday of each month at 7:00pm at Holy Trinity Church, High & Union Streets in West Chester.</p> <p>The Delaware County Zone meets on the 2nd Monday of each month at 7:00pm at the Princeton Presbyterian Church, Baltimore Pike and Church Road in Springfield.</p> <p>The Montgomery County Zone meets on the 2nd Monday of each month at 7:00pm at the Church of the Messiah, Rt. 202 (South of Sumneytown Pike) in North Wales.</p> <p>The Philadelphia Zone meets on the 2nd Monday of each month F.O.P. Hall, Broad & Spring Garden in Philadelphia.</p>
Public Information	4	1st Monday, 7:00pm	
Treatment Facilities	5	1st Tuesday, 7:00pm	
Prisons	7	1st Thursday, 7:00pm	
Archives	12, 16	2nd Tuesday at 7:00pm & 3rd Saturday at 1:00pm	
Unity	19	3 rd Tuesday 7:00PM	
Finance	21	3 rd Thursday, 7:00pm	
Special Events	25	Last Monday, 7:00pm	
Interphones	27	Last Wednesday of Even Months, 7:00pm	
Temporary Contact	30	Last Saturday, at 1:00pm	

NEW MEETING:

DELAWARE COUNTY ZONE:

The **FOUND THE STEPS** group of A.A. which meets at The Foundry Church, 25 Cedar Road in Wallingford 19086 started a Tuesday at 10:00am Open Step meeting. (On the last Tuesday it will be a Tradition.)

MONTGOMERY COUNTY ZONE:

Beginning in September, the **HOPE IN AMBLER** meeting, First Presbyterian Church of Ambler, Ridge and Butler Avenue on Thursday evening will change their time from 7pm to **6:00pm**.

PHILADELPHIA ZONE

The **BUT FOR THE GRACE OF GOD** meetings at 608 N. Brooklyn Street in Philadelphia (19104) are new and need support. They meet on Monday, Tuesday, Wednesday and Thursday at 5:30am (yes A.M.) .

CLOSED ITS DOORS:

DELAWARE COUNTY ZONE:

The **UPPER CHICHESTER STEP** group of A.A. (United Wesleyan Church, 5151 Chichester Avenue in Upper Chichester) which met on Tuesdays at 7:30pm has closed its doors.

PHILADELPHIA ZONE:

The **FISHTOWN BIG BOOK** (Saturdays at 7:30pm); **JAYWALKERS** (Saturdays at 6:00pm). Questions, call Sean at 215-400-0561.

NEW LOCATION/FORMAT/TIME/DAY/NAME:

CHESTER COUNTY

The **THORNDALE SUNDAY NIGHT** meeting now meets in the Brandywine Hospital Cafeteria at 201 Reeceville Road in Coatesville (19320) at 7:00pm.

The **MALVERN CENTER** in Great Valley is now a non-smoking clubhouse.

NEEDS SUPPORT:

The **RITTENHOUSE STEP** meeting of A.A. needs support for both their Wednesday night Big Book and their Friday night Step Study meeting.

Southeastern Pennsylvania Intergroup Association

Service Opportunities

Intergroup Office- The Intergroup Office located at 444 N. 3rd Street in Philadelphia was founded in 1948 by the A.A. Groups then in existence in the Five County Area. We now have over 700 groups holding close to 1700 meetings a week. As Bill W., stated, "The Intergroup Association is the best insurance that we can have to ensure a lifeline to the hundreds of thousands of alcoholics yet to come." For many, The Intergroup Office is the first contact with Alcoholics Anonymous for people or their families looking for help.

Telephone Volunteers handle most of the calls coming into the office during the day. Their commitment ensures that there is always a friendly helpful voice at the end of the line to direct people to meetings or to connect them with an experienced AA member. To be a volunteer on the telephone in the office between the hours of nine and five you need to have ONE YEAR of continuous sobriety. Just go to the office and the staff there will train you and sign you up for a shift. If you have less than one year you can still provide a great service to the office staff, as there are a number of other tasks that need to be performed on any given day. The Volunteers allow the office staff to focus on the business of the Intergroup Office such as the distribution of literature, updating directories, mailings, and record keeping including re-cording group contributions.

There are other ways to get involved with service outside of the homegroup and to reach out to the sick suffering Alcoholic. 12 Step committees provide opportunities for all of us to give back to A.A.:

ARCHIVES COMMITTEE - Meets the 2nd Tuesday of the Month for their regular committee meeting and on the 3rd Saturday at 1:00 PM to tape Long Timers. They are the keepers of A.A. History and are responsible for preserving historical documents, assembling group histories, taping stories of members with over 20 years of continuous sobriety and making presentations to groups at closed meetings about the history of A.A. in Philadelphia. Committee members will also travel throughout the five county area to tape old timers who are not able to get to the office. By remembering our past, the Archives Committee helps guide our Future.

COOPERATION WITH THE PROFESSIONAL COMMUNITY (CPC) - Meets the 1st Monday of every month. CPC is an offshoot of the PI Committee and is responsible for carrying the A.A. message to professionals. Each year members of the CPC committee escort hundreds of medical and nursing students to open A.A. meetings and share one-on-one with the people who could potentially come into contact with sick, suffering, alcoholics on a regular basis and then direct these potential new members to A.A. The CPC Committee does presentations to medical, nursing, law and divinity schools making students more aware of what A.A. is and what the program can do to help suffering alcoholics.

FINANCE COMMITTEE - Meets the 3rd Thursday of every month. The Finance Committee is responsible for making recommendations to the Association, Steering Committee and office staff about how best to spend our Seventh Tradition donations. If you are wondering what happens to the money you put in the basket after it leaves your homegroup, come on down to the finance committee, find out and help direct the flow of our money to better carry the A.A. message.

INTERPHONE COMMITTEE - This committee meets on the last Wednesday of the even months. Interphones fills the gaps after the Intergroup office closes because A.A. is always open. For folks that reach out for help after normal business hours and need a recovering alcoholic to talk to, volunteer members of the Interphone Committee are there to help. Volunteers can handle this commitment from their own home. There is an answering service that takes all calls after the office closes. If there is someone who needs help, the answering service will then contact the volunteer on call and connect them with the sick suffering alcoholic. Members of the Interphone Committee sign up for a specific day and time and with the advent of cell phones are able to go through their night or weekends always able to be in contact when needed. To join this committee contact the Intergroup office.

S.E.P.I.A. SERVICE OPPORTUNITIES (continued...)

PRISON COMMITTEE - Meets the 1st Thursday of every month at the Intergroup Office. The Prison Committee is responsible for bringing A.A. meetings behind the walls of all the correctional facilities in the five county area. These commitments are given out on an individual basis at the meeting or to the representative at the zone meetings. Each prison whether it is a federal, state or county facility has regulations that need to be followed to gain access to the prison and to bring the A.A. meeting inside the facility. The committee members ensure that these regulations are followed and that all individuals meet the specific requirements and have any necessary clearances. Although there may be time requirements to perform specific tasks, there is no time requirement to join the committee and help perform this vital service.

PUBLIC INFORMATION - Meets the 1st Monday of the Month. Public Information, known as P.I. carries the A.A. message to the public, explaining the facts about Alcoholics Anonymous to non-professionals. The committee members speak at schools, service groups, provide information at health fairs and are responsible to make sure that all libraries have a copy of the Big Book. Committee members never tell their own story, providing only information regarding the purpose of A.A. The P.I. Committee has subcommittees which meet in every zone. This enables members to get involved with carrying the A.A. message locally.

TEMPORARY CONTACT COMMITTEE - Is a Sub-Committee of Prisons and meets the 4th Saturday of Every Month. The purpose of this committee is to introduce new A.A.'s coming out of prison to our 12 step program. The Temporary Contact Committee maintains correspondence with inmates and can escort the inmates to a few meetings after they are released from prison. This helps the former inmates, who are already making major adjustments to life on the outside, get connected to A.A. The Temporary Contact Committee does not provide money, clothing, housing or legal advice. Nor does the committee or its members give out personal information. All contact is made through the committee at the Intergroup Office.

SPECIAL EVENTS COMMITTEE - Meets the last Monday of every month. This committee is responsible for the Round-Up every spring and the Dinner Dance in the fall, as well as Share-A-Day every February which is done in conjunction with General Service's Area 59 to work towards greater unity in the fellowship. The members of this committee recognize that We Absolutely Insist On Enjoying Life and provide us all with the opportunity to meet and fellowship with each other.

TREATMENT FACILITIES COMMITTEE - Meet the 1st Tuesday of every month at the Intergroup Office. This committee establishes and oversees AA meetings at various detoxes and rehabs throughout the five county area. These commitments are given out to the groups during the Intergroups Reps meeting at the FOP and at the Zone meetings in Bucks, Chester, Montgomery and Delaware Counties. The committee packs literature for the groups to bring to the institutions to ensure that the A.A. message is carried to the next sick, suffering Alcoholic. The treatment facilities Committee also coordinates with groups that want to host or adopt a detox or rehab giving your group members the opportunity for weekly interaction with those who still suffer.

UNITY COMMITTEE - Meets the 3rd Tuesday of every month at the Intergroup Office. Unity is responsible for coordinating the Unity Picnic every summer. The Unity Committee also provides support for the Combined Zone Funshop planning meetings. Most importantly, the Unity Committee, when invited, travels to meetings in the five county area to provide information about service opportunities outside the homegroup and to get you fired up about giving back to A.A. as a whole. There are no time requirements to join our committee.

Remember there is no time requirement to join any of the committees. By serving A.A., we enhance our own sobriety.

CELEBRATE YOUR A.A. ANNIVERSARY BY HELPING OTHERS!

*Remember others on your A.A. anniversary
by sending a contribution to
SOUTHEASTERN PENNSYLVANIA
INTERGROUP ASSOCIATION
of Alcoholics Anonymous*



An A.A. Anniversary is a time of reflection and gratitude. It calls to mind the day you stepped out of the old life and began your new journey into sobriety.

A nice way to “carry the message of recovery” is to help our 12th step committees continue to operate in the 5-county area. Your support of Intergroup will assist them in their noble effort.

Mail your anniversary contribution to:

S.E.P.I.A., 444 No. 3rd Street, Box A-2, Philadelphia, PA 19123

NAME _____

ADDRESS _____

C.P.C. (COOPERATION WITH THE PROFESSIONAL COMMUNITY)

HELP START C.P.C. IN YOUR ZONE !

DATE: OCTOBER 10, 2010

DAY: SUNDAY

TIME: 12:00 NOON -4:00 P.M.

PLACE: S.E.P.I.A. INTERGROUP OFFICE
444 N. 3RD STREET, 3RD FLOOR
PHILADELPHIA



FUN

FOOD

FELLOWSHIP

WE NEED YOUR HELP AND YOUR IDEAS !

**SOUTHEASTERN PENNSYLVANIA
INTERGROUP ASSOCIATION
of Alcoholics Anonymous
ANNOUNCES THE
70TH ANNUAL DINNER DANCE
SATURDAY, OCTOBER 16TH, 2010**



at
Commodore Barry Hall
6815 Emlen Street
Philadelphia, PA 19119
PRICE \$35.00

Coffee: 5:30pm;
Buffet Dinner: 6:30pm;
Speaker Meeting: 8:00pm;
Dance: to follow

Table Lottery—SATURDAY, OCTOBER 2nd at Noon at the Intergroup Office. Tables seat ten (10).

S.E.P.I.A.

*Serving Bucks, Chester
Delaware, Montgomery
and Philadelphia Counties*

NAME: _____
ADDRESS: _____
CITY/STATE/ZIP: _____
PHONE NUMBER (If questions): _____

TO SUBSCRIBE BY MAIL TO INTERVIEWS, RETURN THE FORM BELOW WITH YOUR CHECK TO:

S.E.P.I.A., 444 North 3rd Street, Suite #3E, Box A-2, Philadelphia, Pa 19123

(All subscriptions will need to be renewed in December)

FOR MAILED INTERVIEWS:

___ **\$12.00**

Individual Subscription (One year) (For those of you with partial subscriptions still remaining, please give a dollar a month.)

___ **\$45.00**

Group Subscription (10 copies per month- 1 year)

S.E.P.I.A.

*Serving Bucks, Chester
Delaware, Montgomery
and Philadelphia Counties*

NAME: _____
ADDRESS: _____
CITY/STATE/ZIP: _____
PHONE NUMBER (If questions): _____